

# Lecture 4–Trigonometric Integrals

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## 1 Recap last time

Integration by parts Let  $u$  and  $v$  are differentiable in  $x$ . Then

- for the indefinite integral, we have

$$\int uv' dx = \int u dv = uv - \int v du = uv - \int vu' dx,$$

- for the definite integral, by the FTC, we have

$$\int_a^b uv' dx = (uv)|_a^b - \int_a^b vu' dx$$

Example. evaluate  $\int x \sec^2 x dx$ .

solution Using the integration by parts, take  $u = x$ ,  $v = \tan x$ , we have

$$\begin{aligned} \int x \sec^2 x dx &= \int x \cdot (\tan x)' dx = \int x d \tan x \\ &= x \tan x - \int \tan x dx = x \tan x - \ln |\sec x| + C. \end{aligned}$$

Example. evaluate  $\int_0^{\frac{\pi}{4}} x \sec x \tan x dx$ .

solution

Using the integration by parts, take  $u = x$ ,  $v = \sec x$ , we have

$$\begin{aligned} \int_0^{\frac{\pi}{4}} x \sec x \tan x dx &= \int_0^{\frac{\pi}{4}} x (\sec x)' dx = \int_0^{\frac{\pi}{4}} x d \sec x \\ &= x \sec x \Big|_0^{\frac{\pi}{4}} - \int_0^{\frac{\pi}{4}} \sec x dx = x \sec x \Big|_0^{\frac{\pi}{4}} - \ln |\sec x + \tan x| \Big|_0^{\frac{\pi}{4}} \\ &= \frac{\pi}{4} \frac{1}{\cos \frac{\pi}{4}} - \left[ \ln \left| \frac{1}{\cos \frac{\pi}{4}} + \tan \frac{\pi}{4} \right| \right] = \frac{\pi}{4} \sqrt{2} - \ln(\sqrt{2} + 1) \end{aligned}$$

### Trigonometric identities

$$\sin^2 x + \cos^2 x = 1, \quad 1 + \tan^2 x = \sec^2 x, \quad \cot^2 x + 1 = \csc^2 x$$

$$\sin x \csc x = 1, \quad \cos x \sec x = 1, \quad \tan x \cot x = 1,$$

$$\sin(-x) = -\sin x, \quad \cos(-x) = \cos x, \quad \tan(-x) = -\frac{\sin x}{\cos x} = -\tan x.$$

### Angle / difference sum

$$\sin(\alpha + \beta) = \sin \alpha \cos \beta + \sin \beta \cos \alpha$$

$$\sin(\alpha - \beta) = \sin \alpha \cos \beta - \sin \beta \cos \alpha$$

$$\cos(\alpha + \beta) = \cos \alpha \cos \beta - \sin \alpha \sin \beta$$

$$\cos(\alpha - \beta) = \cos \alpha \cos \beta + \sin \alpha \sin \beta$$

Double angle formulas

$$\begin{aligned}\sin 2\alpha &= 2 \sin \alpha \cos \alpha, \\ \cos 2\alpha &= \cos^2 \alpha - \sin^2 \alpha = 2 \cos^2 \alpha - 1 = 1 - 2 \sin^2 \alpha, \\ \tan 2\alpha &= \frac{\sin 2\alpha}{\cos 2\alpha} = \frac{2 \sin \alpha \cos \alpha}{\cos^2 \alpha - \sin^2 \alpha} = \frac{2 \tan \alpha}{1 - \tan^2 \alpha}\end{aligned}$$

Thus, we have

$$\sin \alpha \cos \beta = \frac{1}{2} [\sin(\alpha - \beta) + \sin(\alpha + \beta)], \quad (1)$$

$$\sin \alpha \sin \beta = \frac{1}{2} [\cos(\alpha - \beta) - \cos(\alpha + \beta)], \quad (2)$$

$$\cos \alpha \cos \beta = \frac{1}{2} [\cos(\alpha - \beta) + \cos(\alpha + \beta)], \quad (3)$$

and

$$\begin{aligned}\sin 4\alpha &= 2 \sin 2\alpha \cos 2\alpha = 4 \sin \alpha \cos \alpha (2 \cos^2 \alpha - 1) \\ \cos 4\alpha &= 2 \cos^2(2\alpha) - 1 = 2 [2 \cos^2 \alpha - 1]^2 - 1.\end{aligned}$$

half angle identities

$$\begin{aligned}\sin^2 \alpha &= \frac{1}{2} [1 - \cos 2\alpha] \\ \cos^2 \alpha &= \frac{1}{2} [1 + \cos 2\alpha] \\ \tan^2 \alpha &= \frac{1 - \cos 2\alpha}{1 + \cos 2\alpha} \text{ or } \tan \alpha = \frac{1 - \cos 2\alpha}{\sin 2\alpha} = \frac{\sin 2\alpha}{1 + \cos 2\alpha}.\end{aligned}$$

## 2 Trigonometric Integrals

**The first type:**

- Evaluate  $\int \sin mx \cdot \cos nx \, dx$ , using the fact that (1);
- Evaluate  $\int \sin mx \cdot \sin nx \, dx$ , using the fact that (2);
- Evaluate  $\int \cos mx \cdot \cos nx \, dx$ , using the fact that (3).

**Example (involving  $\sin mx$  and  $\cos nx$ ).** Evaluate  $\int \sin 2x \cos 3x \, dx$ .

solution In view of the fact below,

$$\sin \alpha \cos \beta = \frac{1}{2} [\sin(\alpha - \beta) + \sin(\alpha + \beta)].$$

Thus, we have

$$\begin{aligned}\int \sin 2x \cos 3x \, dx &= \frac{1}{2} \int \sin(2x - 3x) + \sin(2x + 3x) \, dx = \frac{1}{2} \int \sin(-x) + \sin 5x \, dx \\ &= \frac{1}{2} \cos x - \frac{1}{10} \cos 5x + C.\end{aligned}$$

**Example (involving  $\cos mx$  and  $\cos nx$ ).** Evaluate  $\int \cos 4x \cos x \, dx$ .

solution In view of the fact below,

$$\cos \alpha \cos \beta = \frac{1}{2} [\cos(\alpha - \beta) + \cos(\alpha + \beta)].$$

Thus, we have

$$\begin{aligned}\int \cos 4x \cos x \, dx &= \frac{1}{2} \int \cos(4x - x) + \cos(4x + x) \, dx = \frac{1}{2} \int \cos 3x + \cos 5x \, dx \\ &= \frac{1}{6} \sin 3x + \frac{1}{10} \sin 5x + C.\end{aligned}$$

Example (from classviva.org). Evaluate

$$\int \sin x \sin 2x \sin 3x \, dx.$$

solution

Note that the trigonometric identity

$$\sin \alpha \sin \beta = \frac{1}{2} [\cos(\alpha - \beta) - \cos(\alpha + \beta)],$$

thus we have

$$\sin x \sin 2x = \frac{1}{2} [\cos(x - 2x) - \cos(x + 2x)] = \frac{1}{2} [\cos x - \cos 3x].$$

Also, note that the identity,

$$\sin \alpha \cos \beta = \frac{1}{2} [\sin(\alpha - \beta) + \sin(\alpha + \beta)],$$

thus we have

$$\begin{aligned}\sin 3x \cos x &= \frac{1}{2} [\sin 2x + \sin 4x] \\ \sin 3x \cos 3x &= \frac{1}{2} \sin 6x.\end{aligned}$$

Then,

$$\begin{aligned}\int \sin x \sin 2x \sin 3x \, dx &= \int \sin 3x \cdot \frac{1}{2} [\cos x - \cos 3x] \, dx = \frac{1}{2} \int (\sin 3x \cos x - \sin 3x \cos 3x) \, dx \\ &= \frac{1}{4} \int (\sin 2x + \sin 4x) \, dx - \frac{1}{4} \int \sin 6x \, dx \\ &= -\frac{1}{8} \cos 2x - \frac{1}{16} \cos 4x + \frac{1}{24} \sin 6x + C.\end{aligned}$$

Rk. For the definite integral in a periodic domain  $[-\pi, \pi]$ , we have

$$\int_{-\pi}^{\pi} \sin mx \cdot \sin nx \, dx = \int_{-\pi}^{\pi} \sin mx \cdot \cos nx \, dx = \int_{-\pi}^{\pi} \cos mx \cdot \cos nx \, dx = \begin{cases} 0, & \text{if } m \neq n, \\ \pi, & \text{if } m = n. \end{cases}$$

Since that (here for  $\int_{-\pi}^{\pi} \sin mx \sin nx \, dx$ )

- If  $m \neq n$ ,

$$\begin{aligned}\int_{-\pi}^{\pi} \sin mx \sin nx \, dx &= \frac{1}{2} \int_{-\pi}^{\pi} [\cos(m - n)x - \cos(m + n)x] \, dx \\ &= \frac{1}{2} \left[ \frac{\sin(m - n)x}{m - n} - \frac{\sin(m + n)x}{m + n} \right] \Big|_{-\pi}^{\pi} = 0.\end{aligned}$$

- If  $m = n$ , we have

$$\begin{aligned}\int_{-\pi}^{\pi} \sin mx \sin nx \, dx &= \int_{-\pi}^{\pi} \sin^2 mx \, dx = \int_{-\pi}^{\pi} \frac{1}{2} (1 - \cos 2mx) \, dx \\ &= \left[ \frac{x}{2} - \frac{\sin 2mx}{2 \cdot 2m} \right] \Big|_{-\pi}^{\pi} = \pi.\end{aligned}$$

**The second type:**

1. Evaluate  $\int \sin^m x \cdot \cos^n x \, dx$ ,

- if  $m$  odd, e.g.,  $m = 3$ , we have  $\sin^3 x = \sin^2 x \sin x = (1 - \cos^2 x)(-\cos x)'$ , then this integral only depends on  $\cos x$ , we can use the substitution  $u = \cos x$ ;
- by the same way, if  $n$  odd, e.g.,  $n = 3$ , we have  $\cos^3 x = \cos^2 x \cos x = (1 - \sin^2 x)(\sin x)'$ , then this integral only depends on  $\sin x$ , we can use the substitution  $u = \sin x$ ;
- if  $m$  and  $n$  all even, e.g.,  $m = 4$ ,  $n = 2$ , by the half angle identities, we have

$$\begin{aligned} \sin^4 x \cos^2 x &= \sin^2 x (\sin x \cos x)^2 = \frac{1}{2}(1 - \cos 2x) \cdot \left(\frac{1}{2} \sin 2x\right)^2 \\ &= \frac{1}{8}(1 - \cos 2x) \cdot \frac{1}{2}(1 - \cos 4x). \end{aligned}$$

By the substitution  $u = \cos 2x$  and the integral involving  $\int \cos 2x \cos 4x \, dx$  before.

2. Evaluate  $\int \tan^m x \cdot \sec^n x \, dx$  (similar as before),

- if  $n$  even, e.g.,  $n = 2$ , let  $u = \tan x$ ,  $du = \sec^2 x \, dx$ ; transfer the trigonometric integral to be an integral of a polynomial in  $u$ ;
- if  $m$  odd, e.g.,  $m = 3$ , let  $u = \sec x$ ,  $du = \sec x \tan x \, dx$ , transfer the trigonometric integral to be an integral of a polynomial in  $u$ .

**Example (involving  $\sin^m x$  and  $\cos^n x$ ).** Evaluate

$$\int \sin^2 x \cos x \, dx, \quad \int \sin^3 x \cos^2 x \, dx, \quad \int \sin^2 x \cos^2 x \, dx.$$

solution

- Let  $u = \sin x$ , we have

$$\begin{aligned} \int \sin^2 x \cos x \, dx &= \int \sin^2 x \cdot (\sin x)' \, dx = \int \sin^2 x \, d \sin x \\ &= \int u^2 \, du = \frac{1}{3}u^3 + C = \frac{1}{3} \sin^3 x + C. \end{aligned}$$

- Let  $u = \cos x$ , we have

$$\begin{aligned} \int \sin^3 x \cos^2 x \, dx &= \int \sin^2 x \cos^2 x \cdot \sin x \, dx = - \int \sin^2 x \cos^2 x \cdot (\cos x)' \, dx \\ &= - \int (1 - \cos^2 x) \cos^2 x \, d \cos x = - \int (1 - u^2)u^2 \, du \\ &= \int u^4 - u^2 \, du = \frac{1}{5}u^5 - \frac{1}{3}u^3 + C = \frac{1}{5} \cos^5 x - \frac{1}{3} \cos^3 x + C. \end{aligned}$$

- Since by the double-angle formula, we have

$$\begin{aligned} \sin^2 x \cos^2 x &= \frac{1}{2}(1 - \cos 2x) \cdot \frac{1}{2}(1 + \cos 2x) = \frac{1}{4}(1 - \cos^2 2x) = \frac{1}{4} \left[ 1 - \frac{1}{2}(1 + \cos 4x) \right] \\ &= \frac{1}{8}(1 - \cos 4x), \end{aligned}$$

or

$$\sin x \cos x = \frac{1}{2} \sin 2x, \quad \sin^2 x = \frac{1}{2}(1 - \cos 2x),$$

Thus,

$$\begin{aligned}\int \sin^2 x \cos^2 x \, dx &= \frac{1}{4} \int \sin^2 2x \, dx = \frac{1}{4} \int \frac{1}{2} (1 - \cos 4x) \, dx \\ &= \frac{1}{8} x - \frac{1}{32} \sin 4x + C.\end{aligned}$$

Example (from classviva.org). Evaluate

$$\int_0^{\frac{\pi}{2}} \sin^5 x \cos^{14} x \, dx.$$

solution Let  $u = \cos x$ , we then have  $x : 0 \rightarrow \frac{\pi}{2}$ ,  $u : \cos 0 = 1 \rightarrow \cos \frac{\pi}{2} = 0$  and

$$\begin{aligned}\int_0^{\frac{\pi}{2}} \sin^5 x \cos^{14} x \, dx &= \int_0^{\frac{\pi}{2}} \sin^4 x \cos^{14} x \cdot \sin x \, dx = - \int_0^{\frac{\pi}{2}} \sin^4 x \cos^{14} x \cdot (\cos x)' \, dx \\ &= - \int_0^{\frac{\pi}{2}} (1 - \cos^2 x)^2 \cos^{14} x \, d \cos x = - \int_1^0 (1 - u^2)^2 u^{14} \, du \\ &= \int_0^1 (1 - 2u^2 + u^4) u^{14} \, du = \int_0^1 (u^{14} - 2u^{16} + u^{18}) \, du \\ &= \left[ \frac{1}{15} u^{15} - 2 \cdot \frac{1}{17} u^{17} + \frac{1}{19} u^{19} \right] \Big|_0^1 = \frac{1}{15} - \frac{2}{17} + \frac{1}{19} = \frac{8}{4845}.\end{aligned}$$

Exercise. Evaluate  $\int \sin^4 \theta \cos^3 \theta \, d\theta$  (hint: let  $u = \sin \theta$ ).

Example (from classviva.org). Evaluate

$$\int_0^{\frac{\pi}{3}} \tan^5 x \sec^4 x \, dx.$$

solution Let  $u = \tan x$ , we then have  $x : 0 \rightarrow \frac{\pi}{3}$ ,  $u : \tan 0 = 0 \rightarrow \tan \frac{\pi}{3} = \sqrt{3}$ , and

$$\begin{aligned}\int_0^{\frac{\pi}{3}} \tan^5 x \sec^4 x \, dx &= \int_0^{\frac{\pi}{3}} \tan^5 x \sec^2 x \cdot \sec^2 x \, dx = \int_0^{\frac{\pi}{3}} \tan^5 x (1 + \tan^2 x) \cdot (\tan x)' \, dx \\ &= \int_0^{\frac{\pi}{3}} \tan^5 x (1 + \tan^2 x) \, d \tan x = \int_0^{\sqrt{3}} u^5 (1 + u^2) \, du \\ &= \int_0^{\sqrt{3}} (u^5 + u^7) \, du = \left[ \frac{1}{6} u^6 + \frac{1}{8} u^8 \right] \Big|_0^{\sqrt{3}} = \frac{1}{6} (\sqrt{3})^6 + \frac{1}{8} (\sqrt{3})^8 \\ &= \frac{9}{2} + \frac{81}{8} = \frac{117}{8}.\end{aligned}$$

Exercise. Evaluate  $\int \tan^3 x \sec^5 x \, dx$  (hint: let  $u = \sec x$ ).

**The third type:**

1. for the **even** power,

- evaluate  $\int \cos^{2m} \theta \, d\theta$ ,  $m \geq 1$  being the integer, e.g.,  $m = 2$ ,  $\int \cos^4 \theta \, d\theta$ : it can be handled by the “double angle formula” and some substitution rule  $u = \sin k\theta$ ;
- evaluate  $\int \sin^{2n} \theta \, d\theta$ ,  $n \geq 1$  being the integer, e.g.,  $m = 2$ ,  $\int \sin^4 \theta \, d\theta$ : it also can be handled by “double angle formula” and some substitution rule  $u = \cos k\theta$ ;
- evaluate  $\int \tan^{2m} \theta \, d\theta$ ,  $m \geq 1$  being the integer, e.g.,  $m = 2$ ,  $\int \tan^4 \theta \, d\theta$ : it can be handled by the identity  $\tan^2 \theta = \sec^2 \theta - 1$  and some substitution rule  $u = \tan \theta$ ;
- evaluate  $\int \sec^{2n} \theta \, d\theta$ ,  $n \geq 1$  being the integer, e.g.,  $m = 2$ ,  $\int \sec^4 \theta \, d\theta$ : it can be handled by the identity  $\sec^2 \theta = 1 + \tan^2 \theta$  and some substitution rule  $u = \tan \theta$ ;

2. for the **odd** power,

- evaluate  $\int \cos^{2m+1} \theta \, d\theta$ ,  $m \geq 1$  being the integer, e.g.,  $m = 2$ , let  $u = \sin \theta$ ,

$$\begin{aligned} \int \cos^5 \theta \, d\theta &= \int \cos^4 \theta \, d \sin \theta = \int (1 - \sin^2 \theta)^2 \, d \sin \theta = \int (1 - u^2)^2 \, du \\ &= \int (1 - 2u^2 + u^4) \, du = u - \frac{2}{3}u^3 + \frac{1}{5}u^5 + C \\ &= \sin \theta - \frac{2}{3} \sin^3 \theta + \frac{1}{5} \sin^5 \theta + C. \end{aligned}$$

- evaluate  $\int \sin^{2n+1} \theta \, d\theta$ ,  $n \geq 1$  being the integer, e.g.,  $n = 1$ , let  $u = \cos \theta$ ,

$$\begin{aligned} \int \sin^3 \theta \, d\theta &= \int \sin^2 \theta \cdot \sin \theta \, d\theta = \int \sin^2 \theta \cdot (-\cos \theta)' \, d\theta \\ &= - \int (1 - \cos^2 \theta) \, d \cos \theta = \int (u^2 - 1) \, du = \frac{1}{3}u^3 - u + C \\ &= \frac{1}{3} \cos^3 \theta - \cos \theta + C. \end{aligned}$$

- evaluate  $\int \tan^{2m+1} \theta \, d\theta$ ,  $m \geq 1$  being the integer, e.g.,  $m = 2$ , **using  $\tan^2 \theta = \sec^2 \theta - 1$ ,  $(\tan \theta)' = \sec^2 \theta$ ,**

$$\begin{aligned} \int \tan^5 \theta \, d\theta &= \int \tan^3 \theta \cdot \tan^2 \theta \, d\theta = \int \tan^3 \theta \cdot (\sec^2 \theta - 1) \, d\theta \\ &= \int \tan^3 \theta \cdot \sec^2 \theta \, d\theta - \int \tan^3 \theta \, d\theta = \int \tan^3 \theta \, d \tan \theta - \int \tan^3 \theta \, d\theta \\ &= \frac{1}{4} \tan^4 \theta \, d\theta - \int \tan^3 \theta \, d\theta, \end{aligned}$$

note that

$$\begin{aligned} \int \tan^3 \theta \, d\theta &= \int \tan \theta \cdot \tan^2 \theta \, d\theta = \int \tan \theta \cdot (\sec^2 \theta - 1) \, d\theta \\ &= \int \tan \theta \sec^2 \theta \, d\theta - \int \tan \theta \, d\theta = \int \tan \theta \, d \tan \theta - \int \tan \theta \, d\theta \\ &= \frac{1}{2} \tan^2 \theta - \int \tan \theta \, d\theta, \end{aligned}$$

also, note

$$\int \tan \theta \, d\theta = \ln |\sec \theta| + C.$$

Thus, we have

$$\begin{aligned} \int \tan^3 \theta \, d\theta &= \frac{1}{2} \tan^2 \theta - \ln |\sec \theta| + C \\ \int \tan^5 \theta \, d\theta &= \frac{1}{4} \tan^4 \theta - \frac{1}{2} \tan^2 \theta + \ln |\sec \theta| + C, \\ \int \tan^7 \theta \, d\theta &= \int \tan^5 \theta (\sec^2 \theta - 1) \, d\theta = \frac{1}{6} \tan^6 \theta - \int \tan^5 \theta \, d\theta \\ &= \frac{1}{6} \tan^6 \theta - \frac{1}{4} \tan^4 \theta + \frac{1}{2} \tan^2 \theta - \ln |\sec \theta| + C. \end{aligned}$$

- evaluate  $\int \sec^{2n+1} \theta \, d\theta$ ,  $n \geq 1$  being the integer, e.g.,  $n = 2$ , using the integration by parts, and  $(\tan \theta)' = \sec^2 \theta$ ,  $(\sec \theta)' = \tan \theta \sec \theta$  and  $\tan^2 \theta = \sec^2 \theta - 1$ ,

$$\begin{aligned} \int \sec^5 \theta \, d\theta &= \int \sec^3 \theta \cdot \sec^2 \theta \, d\theta = \int \sec^3 \theta \, d \tan \theta \\ &= \tan \theta \sec^3 \theta - \int \tan \theta \, d(\sec^3 \theta) = \tan \theta \sec^3 \theta - \int \tan \theta \cdot 3 \sec^2 \theta \cdot \tan \theta \sec \theta \, d\theta \\ &= \tan \theta \sec^3 \theta - 3 \int \tan^2 \theta \cdot \sec^3 \theta \, d\theta = \tan \theta \sec^3 \theta - 3 \int (\sec^2 \theta - 1) \cdot \sec^3 \theta \, d\theta \\ &= \tan \theta \sec^3 \theta - 3 \int \sec^5 \theta \, d\theta + 3 \int \sec^3 \theta \, d\theta. \end{aligned}$$

Thus, we have

$$4 \int \sec^5 \theta \, d\theta = \tan \theta \sec^3 \theta + 3 \int \sec^3 \theta \, d\theta.$$

Note that (by the same way of power reduction)

$$\begin{aligned} \int \sec^3 \theta \, d\theta &= \int \sec \theta \cdot \sec^2 \theta \, d\theta = \int \sec \theta \, d \tan \theta \\ &= \tan \theta \sec \theta - \int \tan \theta \, d \sec \theta = \tan \theta \sec \theta - \int \tan \theta \cdot (\tan \theta \sec \theta) \, d\theta \\ &= \tan \theta \sec \theta - \int \tan^2 \theta \sec \theta \, d\theta = \tan \theta \sec \theta - \int (\sec^2 \theta - 1) \sec \theta \, d\theta \\ &= \tan \theta \sec \theta - \int \sec^3 \theta \, d\theta + \int \sec \theta \, d\theta. \end{aligned}$$

Thus, we have

$$2 \int \sec^3 \theta \, d\theta = \tan \theta \sec \theta + \int \sec \theta \, d\theta.$$

Also, note

$$\int \sec \theta \, d\theta = \ln |\sec \theta + \tan \theta| + C.$$

Totally, we have

$$\begin{aligned} \int \sec^3 \theta \, d\theta &= \frac{1}{2} \tan \theta \sec \theta + \frac{1}{2} \ln |\sec \theta + \tan \theta| + C, \\ \int \sec^5 \theta \, d\theta &= \frac{1}{4} \tan \theta \sec^3 \theta + \frac{3}{4} \left[ \frac{1}{2} \tan \theta \sec \theta + \frac{1}{2} \ln |\sec \theta + \tan \theta| \right] + C \\ &= \frac{1}{4} \tan \theta \sec^3 \theta + \frac{3}{8} \tan \theta \sec \theta + \frac{3}{8} \ln |\sec \theta + \tan \theta| + C. \end{aligned}$$

**Example.** Evaluate  $\int \cos^4 \theta \, d\theta$ .

**solution** By the double angle formula

$$\cos^2 \theta = \frac{1}{2}(1 + \cos 2\theta),$$

$$\cos^2 2\theta = \frac{1}{2}(1 + \cos 4\theta),$$

we have

$$\begin{aligned} \int \cos^4 \theta \, d\theta &= \int (\cos^2 \theta)^2 \, d\theta = \frac{1}{4} \int (\cos 2\theta + 1)^2 \, d\theta = \frac{1}{4} \int (1 + 2 \cos 2\theta + \cos^2 2\theta) \, d\theta \\ &= \frac{1}{4} \int \left( \frac{3}{2} + 2 \cos 2\theta + \frac{1}{2} \cos 4\theta \right) \, d\theta = \frac{1}{4} \left( \frac{3}{2} \theta + \sin 2\theta + \frac{1}{8} \sin 4\theta \right) + C \\ &= \frac{3}{8} \theta + \frac{1}{4} \sin 2\theta + \frac{1}{32} \sin 4\theta + C. \end{aligned}$$

Exercise. Evaluate  $\int \sin^6 \theta \, d\theta$ .

Example. Evaluate  $\int \tan^4 \theta \, d\theta$ .

solution Let  $u = \tan \theta$ , we thus have  $du = \sec^2 \theta \, d\theta$  and

$$\begin{aligned} \int \tan^4 \theta \, d\theta &= \int \tan^2 \theta \tan^2 \theta \, d\theta = \int \tan^2 \theta (\sec^2 \theta - 1) \, d\theta = \int \tan^2 \theta \sec^2 \theta \, d\theta - \int \tan^2 \theta \, d\theta \\ &= \int u^2 \, du - \int (\sec^2 \theta - 1) \, d\theta = \frac{1}{3} \tan^3 \theta - \tan \theta + \theta + C. \end{aligned}$$

Exercise. Evaluate  $\int \tan^6 \theta \, d\theta$ .

Example (from classviva.org). Evaluate

$$\int_0^{\frac{\pi}{2}} \sec^4 \left( \frac{t}{2} \right) \, dt.$$

solution Let first  $u = \frac{t}{2}$ , we then have  $t : 0 \rightarrow \frac{\pi}{2}$ ,  $u : 0 \rightarrow \frac{\pi}{4}$ ,  $dt = 2 \, du$  and

$$\begin{aligned} \int_0^{\frac{\pi}{2}} \sec^4 \left( \frac{t}{2} \right) \, dt &= 2 \int_0^{\frac{\pi}{4}} \sec^4 u \, du = 2 \int_0^{\frac{\pi}{4}} \sec^2 u \cdot (\tan u)' \, du \\ &= \int_0^{\frac{\pi}{4}} (1 + \tan^2 u) \, d \tan u. \end{aligned}$$

Then use  $v = \tan u$ , we thus have  $u : 0 \rightarrow \frac{\pi}{4}$ ,  $v : \tan 0 = 0 \rightarrow \tan \frac{\pi}{4} = 1$  and

$$\begin{aligned} \int_0^{\frac{\pi}{2}} \sec^4 \left( \frac{t}{2} \right) \, dt &= \int_0^{\frac{\pi}{4}} (1 + \tan^2 u) \, d \tan u = \int_0^1 (1 + v^2) \, dv \\ &= \left( v + \frac{1}{3} v^3 \right) \Big|_0^1 = 1 + \frac{1}{3} = \frac{4}{3}. \end{aligned}$$

Example (evaluate the integral with trigonometric substitutions). Note that the trigonometric substitutions below,

- let  $x = a \sin \theta$ , then  $a^2 - x^2 = a^2 \cos^2 \theta$ ;
- let  $x = a \tan \theta$ , then  $a^2 + x^2 = a^2 \sec^2 \theta$ ;
- let  $x = a \sec \theta$ , then  $x^2 - a^2 = a^2 \tan^2 \theta$ .

Evaluate  $\int x^2 \sqrt{9 - x^2} \, dx$

solution Let  $\frac{x}{3} = \sin \theta$ , we then have  $\theta = \sin^{-1} \left( \frac{x}{3} \right)$ ,  $\cos \theta = \frac{\sqrt{9-x^2}}{3}$ ,  $dx = 3 \cos \theta \, d\theta$ ,

$$\begin{aligned} \sin 4\theta &= 2 \sin 2\theta \cos 2\theta = 2 \sin \theta \cos \theta \cdot (1 - 2 \sin^2 \theta) \\ &= \frac{2x\sqrt{9-x^2}}{9} \left( 1 - \frac{2x^2}{9} \right) \end{aligned}$$

and

$$\begin{aligned} \int x^2 \sqrt{9 - x^2} \, dx &= \int x^2 \sqrt{9 \left( 1 - \left( \frac{x}{3} \right)^2 \right)} \, dx = 3 \int x^2 \sqrt{1 - \left( \frac{x}{3} \right)^2} \, dx \\ &= 3 \int 9 \sin^2 \theta \cos \theta \cdot 3 \cos \theta \, d\theta = 81 \int \sin^2 \theta \cos^2 \theta \, d\theta \\ &= 81 \int \left( \frac{1}{2} \sin 2\theta \right)^2 \, d\theta = \frac{81}{4} \int \sin^2 2\theta \, d\theta = \frac{81}{4} \int \frac{1}{2} (1 - \cos 4\theta) \, d\theta \\ &= \frac{81}{8} \left( \theta - \frac{1}{4} \sin 4\theta \right) + C = \frac{81}{8} \sin^{-1} \left( \frac{x}{3} \right) - \frac{81}{32} \frac{2x\sqrt{9-x^2}}{9} \left( 1 - \frac{2x^2}{9} \right) + C. \end{aligned}$$



Exercise. Evaluate

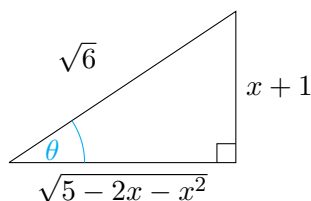
$$\int_{\sqrt{2}/3}^{2/3} \frac{dx}{x^3 \sqrt{9x^2 - 1}},$$

(hint: using the substitution  $3x = \sec \theta$  and  $\sec^2 \theta - 1 = \tan^2 \theta$ ).

Example (variations of completing the square). Evaluating

$$\int \frac{x^2}{\sqrt{5 - 2x - x^2}} dx.$$

solution Let  $x + 1 = \sqrt{6} \sin \theta$ , we then have  $\theta = \sin^{-1} \left( \frac{x+1}{\sqrt{6}} \right)$ ,  $dx = \sqrt{6} \cos \theta$ , and



$$\cos \theta = \frac{\sqrt{5 - 2x - x^2}}{\sqrt{6}},$$

and

$$\begin{aligned} \int \frac{x^2}{\sqrt{5 - 2x - x^2}} dx &= \int \frac{x^2}{\sqrt{6 - (2x + x^2 + 1)}} dx = \int \frac{x^2}{\sqrt{6 - (x + 1)^2}} dx \\ &= \int \frac{(\sqrt{6} \sin \theta - 1)^2}{\sqrt{6} \cos^2 \theta} \cdot \sqrt{6} \cos \theta d\theta = \int (6 \sin^2 \theta - 2\sqrt{6} \sin \theta + 1) d\theta \\ &= \int \left( 6 \cdot \frac{1}{2} (1 - \cos 2\theta) - 2\sqrt{6} \sin \theta + 1 \right) d\theta = 4\theta - \frac{3}{2} \sin 2\theta + 2\sqrt{6} \cos \theta + C \\ &= 4 \sin^{-1} \left( \frac{x + 1}{\sqrt{6}} \right) - \frac{(x + 1)\sqrt{5 - 2x - x^2}}{2} + 2\sqrt{5 - 2x - x^2} + C. \end{aligned}$$

Rk. For the integral involving  $ax^2 + bx + c$ ,  $a \neq 0$ , we have

$$ax^2 + bx + c = a \left( x^2 + \frac{b}{a}x + \frac{b^2}{4a^2} \right) + c - \frac{b^2}{4a} = a \left( x + \frac{b}{2a} \right)^2 + c - \frac{b^2}{4a}.$$

- if  $a > 0$ ,  $c - \frac{b^2}{4a} > 0$ , i.e.,  $b^2 - 4ac < 0$ , (or  $a < 0$ ,  $c - \frac{b^2}{4a} < 0$ , i.e.,  $b^2 - 4ac > 0$ ), let  $\sqrt{\frac{a}{c - \frac{b^2}{4a}}} \left( x + \frac{b}{2a} \right) = \tan \theta$  and using  $1 + \tan^2 \theta = \sec^2 \theta$ ;
- if  $a > 0$ ,  $c - \frac{b^2}{4a} < 0$ , i.e.,  $b^2 - 4ac > 0$ , let  $\sqrt{\frac{a}{\frac{b^2}{4a} - c}} \left( x + \frac{b}{2a} \right) = \sec \theta$  and using  $\sec^2 \theta - 1 = \tan^2 \theta$ ;
- if  $a < 0$ ,  $c - \frac{b^2}{4a} > 0$ , i.e.,  $b^2 - 4ac < 0$ , let  $\sqrt{\frac{-a}{c - \frac{b^2}{4a}}} \left( x + \frac{b}{2a} \right) = \sin \theta$  and using  $1 - \sin^2 \theta = \cos^2 \theta$ .